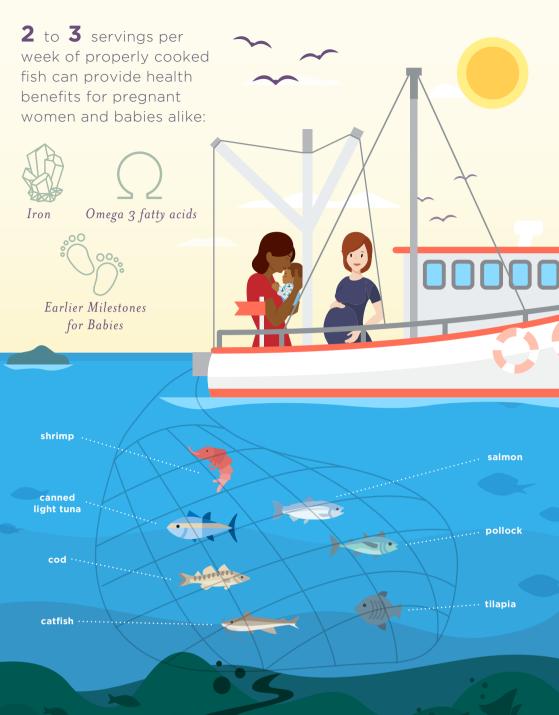
Why Pregnant and Nursing Women Need Clear Guidance on

THE NET BENEFITS OF EATING FISH



But **mixed messages** from the media and regulatory agencies cause pregnant women to sacrifice those benefits by eating less fish than recommended.



